



Minor: Coaching

Required Courses:

Course Number	Course Title	Credit Hours
ESS 3360	So You Want to Be a Coach: Coaching and Officiating Theories and Organization	4
ESS 4400	Strength Training Programming, Techniques, and Administration	4
HLT 3250	Human Nutrition	4
KIN 2300	Motor Behavior	4
Choose one of these courses:		4
KIN 3330	Psychological Aspects of Exercise & Sport	
KIN 3340	Socio-cultural Foundation in Exercise & Sport	

Total hours = 20