



## Minor: Coaching

### Course Requirements:

Course number	Course title	Credit hours
ESS 3360	So You Want to Be a Coach: Coaching and Officiating Theories and Organization	4
ESS 4400	Strength Training Programming, Techniques, and Administration	4
HLT 3250	Human Nutrition	4
KIN 2300	Motor Behavior	4
Choose one of these courses: KIN 3330 KIN 3340	Psychological Aspects of Exercise and Sport Socio-cultural Foundation in Exercise and Sport	4

**Total hours = 20**