



**Minor: Health**

**Course Requirements:**

Course number	Course title	Credit hours
HLT 2260	Health Topics I	4
HLT 2270	Health Topics II	4
HLT 3250	Human Nutrition	4
KIN 1100	Personal Fitness and Wellness	4
KIN 3330	Psychological Aspects of Exercise and Sport	4

**Total hours = 20**