



Minor: Exercise Science

Required Courses:

Course number	Course title	Credit hours
ESS 4360	Exercise Physiology for Special Populations	4
ESS 4410	Exercise Testing, Prescription, and Supervision	4
HLT 3250	Human Nutrition	4
KIN 3350/3355	Exercise Physiology and Laboratory	4
KIN 3390/3395	Biomechanics and Laboratory	4

Total hours = 20