



Major: Health and Physical Education

Required Courses:

Course number	Course title	Credit hours
EDU 2100	21 st Century Schools I	2
EDU 2101	Field Component 21 st Century Schools I	1
EDU 3100	Introduction to Technology, Planning, and Assessment	4
EDU 3770*	Disciplinary Literacy	3
EDU 4000*	21 st Century Schools II	3
EDU 4930*	Student Teaching Seminar	2
EDU 4940*	Student Teaching	10
HLT 2260	Health Topics I	4
HLT 2270	Health Topics II	4
HLT 3250	Human Nutrition	4
HLT 3720	Methods of Teaching Health & Safety (K-12)	4
HLT 3721	Field Component for Methods of Teaching Health & Safety (K-12)	1
KIN 2300	Motor Behavior	4
KIN 2350	Foundations of Sport/Physical Education	4
KIN 3350/3355	Exercise Physiology and Laboratory	4
KIN 3390/3395	Biomechanics and Laboratory	4
PHE 2001	Recreational Dance and Developmental Gymnastics	1
PHE 2002	Individual, Dual, and Recreational Sports	1
PHE 2003	Team Sports	1
PHE 2005	Teaching and Assessing Physical Activity and Fitness	1
PHE 3710*	Pedagogy of Physical Education (P-6)	4
PHE 3711*	Field Component for Pedagogy of Physical Education (P-6)	1
PHE 3730*	Pedagogy of Physical Education (6-12)	4
PHE 3731*	Field Component for Pedagogy of Physical Education (6-12)	1
PSY 3200	Educational Psychology	4
SPE 2900	Diverse Populations	3

Required Related Courses:

Course number	Course title	Credit hours
BIO 2400	Human Anatomy and Physiology II with Laboratory	4
Course numbered 2000+ with prefix BIO or MAT	Requirement for B.S. degree only	4

* Requires admission to the Teacher Education Program

Total minimal hours = 87 for B.A. or B.S. degree