# Internship Site Suggestions



### General

- Indeed.com
- <u>LinkedIn</u> Internships
- The Intern Group
- Zippia: look for internships and jobs locally and across the country
- Look Sharp- Greensboro: Search available internships in Greensboro
- The Intern Queen: To help students find and apply for internships while also educating them on how to make the most of their experiences.
- <u>Joblift</u>
- Internships.com: Search for local and national internships
- After College: Entry level jobs and internships.
- <u>Center for Visual Artists Greensboro</u>: Marketing, Special Events, Grant Writing,
   Curatorial, etc...
- <u>Youtern</u>: Connects students to high impact internships. Also has an excellent blog written for interns by interns

## Micro and Virtual Internships

<u>Forage Work Experience Programs</u>: Find the perfect program to showcase your knowledge & get noticed by recruiters from top companies.

<u>Parker Dewey:</u> Projects on Parker Dewey come from a variety of industries and disciplines. From working directly with an entrepreneur to supporting a large enterprise, you'll have the opportunity to explore different roles and company cultures. You'll find assignments for marketing like copywriting and working in social media, sales projects like lead generation, operations tasks like building reports, and more.

<u>CapSource</u>: Custom learning engagements. Once you're matched and the project's been scoped, your project is ready to go! They'll send you everything you need to ensure you're set-up for success. From technology, legal paperwork, project scopes, deliverable requirements, and feedback instruments, CapSource is here to help you gain real work experience through their specialized consulting projects!

## **Sports / Personal Fitness**

- Athlete Network
- <u>TeamWork</u>
- Proehlific Park Sports Complex and Fitness Center
- Greensboro Sports Foundation
- Carolina Cobras
- Greensboro Sportsplex
- Greensboro SWARM
- See Careers in Sports for Non Athletes and Professional Organizations listed on <u>Exploring</u>
   <u>Majors & Careers</u> page

## Health Care / Kinesiology / Science / Animals

- Cone Health Systems
- Guilford County Emergency Services/911
- EmergeOrtho
- Breakthrough Physical Therapy
- National Board of Certified Counselors
- Lawndale Veterinary Hospital
- The Conservator's Center
- Radiology Moses Cone
- Durham Nephrology
- Greensboro Pediatrics
- Murphy Wainer
- Alamance Family Practice
- LabCorp
- Athletic Departments Local Area High Schools

#### **Human Services**

- A comprehensive <u>list</u> of non-profits for a variety of categories
- Youth Services Resources Guide
- NC Center for Non Profits: Use this site to search non-profits by county and / or by field category
- Guilford County of Health and Human Services: contact 4 months in advance for internships
- Church World Services- Greensboro. Refugee Resettlement Agency
- Youth Villages Paid Summer Internships
- Family Services of the Piedmont
- <u>Alexander Youth Network:</u> apply at least 2 months in advance
- The Kellin Foundation
- Interactive Resource Center
- Salvation Army Boys and Girls Club
- YMCA Local Branches and YMCA Corp Office
- Guilford Child Development



#### Art / Theatre / Dance

- Southeastern Center for Contemporary Art
- Northwest Observer
- R-PAC Working @ Revolution Mills
- GC Art Department
- African American Atelier
- Shakespeare Theatre Company: Summer Internship Program for Theatre Education students
- <u>Durham Performing Arts Center:</u> Marketing/PR, Theatre Management, Events Services,
   Corporate Partnerships
- NC Theatre
- Theatre Raleigh
- <u>Dance/USA</u>: the voice for the professional field of dance, offers internships to aspiring arts administrators based at the national office, located in Washington, DC.

## **Publishing / Media**

- Our State Magazine
- Pace Communications
- <u>The Creative Mind Group</u>: Internships & Filmmaking in Cannes, Toronto Sundance, Berlin & Hollywood
- W.W. Norton & Company Publishing Internships in NYC
- Talent Fairy: Internships, Jobs and Career Advice related to the Magazine Industry
- MediaShift: Media and Journalism Fellowships

#### **Business**

- <u>Volvo</u>: Both international and national
- <u>VF Jeanswear</u>
- Northwestern Mutual
- Lincoln Financial Group
- Nussbaum Center for Entrepreneurship
- City of Greensboro- City Manager's Office
- EPES Transportation
- Keller Williams Realty
- Greensboro Coliseum Events
- Student Athletes Abroad

#### Education

- Greensboro Day School
- Guilford County Schools

## Interesting

- <u>CoolWorks.com</u>: Summer jobs in cool places
- International Civil Rights Museum
- Greensboro Science Center



## Criminal Justice, Politics and Law

- <u>Martindale-Hubble Directory</u>: search for lawyers and practices by practice specialties and location

- The Washington Center
- National Security Agency
- NC State Internships
- State Government Internships
- NC State Bureau of Investigation
- NC Superior Court Judges Chambers
- GPD Forensic Services Division (request ride alongs here)
- Guilford Child Development
- Guilford County Public Defender's Office
- NC Guardian ad Litem, Judicial District 18
- <u>US Marshall's Office</u>
- NC Dept of Public Safety State Hwy Patrol
- NC Dept of Public Safety: variety of opportunities
- Guilford County District Attorney's Office Students interested in interning with the District Attorney's office should send a resume and cover letter to:

William Reavis, Esq. (call to verify this is still the correct person and procedure)
Guilford County District Attorney's Office
POB 10769

Greensboro, NC 27404

Internships are for Fall or Spring only (no Summer). Their preference is for interns who can work 3 or more days/week in the morning hours. The cover letter should note the semester you are seeking an internship and that you are a Greensboro College student.

- <u>Greensboro Police Department</u> Educational Internship Program Application.
  - Fall semester application deadline is May 1
  - Spring semester application deadline is October 1
  - Summer session application deadline is February 1
- <u>Guilford County Sheriff's Office Internship Application</u> The application needs to be completed and submitted 4-6 weeks prior to the beginning of the semester. If chosen, additional security training and fingerprinting will be done prior to starting the internship.
- Mecklenberg County- NC Carolina Court System:

The Trial Court Administrator's (TCA) Office supports the Senior Resident Superior Court Judge and Chief District Court Judge in the overall management of the 26th Judicial District. Interns with the TCA's Office will meet members of the local Bar and judiciary, get an insider's perspective on the judicial process, learn more about responsibilities and opportunities in the legal profession, improve general office skills, add a valuable experience to their resumes, and make a positive contribution to the community. There are unpaid internship opportunities available year round, Monday through Friday, in the following divisions of the TCA's Office: Family Court and Community Access and Outreach. Summer internships are available in the Operations Division.

#### **Environmental**

- <u>Deep Roots Cooperative Market</u>
- Greensboro Children's Museum/Edible Schoolyard
- Piedmont Environmental Council
- <u>Piedmont Wildlife Center</u>
- Greensboro Science Center
- North Carolina Department of Environmental Quality
- North Carolina Sierra Club Chapter
- Piedmont Plateau Sierra Club Group
- Greensboro Red Cross
- UNCG Office of Sustainability
- Kathleen Clay Edwards Branch, Greensboro Public Library
- Piedmont Land Conservancy
- Guilford County Extension, School Garden Network
- Guilford County Environmental Health
- Guilford Courthouse National Park
- Carolina Fibre Corporation
- Commissioning WorCx
- <u>City of Greensboro, Water Resources Department</u>
- Office of Research and Economic Development
- League of Conservation Voters

## Internships for Students with Disabilities

- <u>Emerging Leaders Summer Internship Program</u> Competitive internship program that places undergraduate and graduate students with disabilities in fulfilling summer internships and provides them with leadership development opportunities
- <u>Specialisterne</u>– an internationally recognized leader in harnessing the talents of people on the autism spectrum and other neurodivergent people by providing them with the opportunity to sustain meaningful employment
- <u>AAPD Internship program</u> Each year, the American Association of People with Disabilities (AAPD) hosts two Summer Internship Programs for College Students with Disabilities in Washington, DC, providing paid travel to and from DC, paid fully-accessible housing, and living stipends.
- <u>ENTRY POINT!</u> A Program of the American Association for the Advancement of Science (AAAS), offering internship opportunities for undergraduate and graduate students with disabilities in science, engineering, mathematics, computer science, and some fields of business.
- <u>Autistic Self Advocacy Network</u> Freddie Mac Internship Program Freddie Mac, a leading mortgage finance company, partners with the Autistic Self Advocacy Network to fill paid internship opportunities. To apply, you must be a recent graduate or current student at a higher education institution and you must be an individual on the autism spectrum.
- <u>LiNC-IT</u> is an internship program for individuals with Autism Spectrum Disorder (ASD).



## Information for International Students\*\*\*

Click <u>here</u> for information on Curricular Practical Training (CPT) and Optional Practical Training (OPT)



International Students may engage in Curricular Practical Training (CPT) internships (which can be paid) under certain conditions. The internship must be related to the student's degree and the student must receive some kind of credit for the internship.("DEPT" 3800 internship course). For CPT, students must have completed their first year at university and they must apply for authorization on their student visa and receive an updated I-20 form before they can begin their internship.

Optional Practical Training (OPT) is designed to permit international students to gain practical experience in their major field of study. The U.S. Department of Homeland Security (DHS) permits international students to gain this experience either before of after graduation, but restricts the total amount of time to 12 months.

To qualify for optional practical training before graduation, an F-1 student must have been in lawful status for nine consecutive months. Students may engage in optional practical training before graduation during vacation periods or during the academic year. The training is limited to part-time (20 hours per week) while school is in session. Students may work full-time (40 hours per week) during vacation periods.

\*\*\*Obtaining permission to engage in optional practical training before graduation takes two to three months because students must obtain an Employment Authorization Document (EAD) from DHS.

- <u>USA Internships</u>: Internships for International Students
- United OPT
- Homeland Security Study in the States

#### **DACA and Undocumented Students**

Symba: <u>A Guide on Key Internship Resources for Undocumented Students</u>
Best Colleges <u>Internships and Fellowships</u> for Undocumented Students
My Undocumented Life <u>UndocuUndergrads National Network</u>
Cornell University <u>Internships and Fellowships</u> for Undocumented Students